

## UPPER G.I. ENDOSCOPY

NAME: \_\_\_\_\_

You are scheduled for an **UPPER GI ENDOSCOPY** at Northern G.I. Endoscopy Center on \_\_\_\_\_ (date). Your procedure is scheduled for \_\_\_\_\_ but it will be necessary for you to arrive at \_\_\_\_\_ to allow for our staff to prepare you for the procedure. **Please do not arrive at NGI prior to 7:00 AM as the doors are locked until that time. NGI closes in the afternoon and patients must be picked up no later than 3:30 PM.**

**Please use 25 Pine Street, Glens Falls, NY, 12801 for GPS directions.**

**Patients failing to cancel their upper GI endoscopy appointment at least 7 days in advance will be billed an administrative fee of \$100 by Gastroenterology Associates of Northern N.Y., P.C. This fee must be paid in full prior to scheduling future appointments. If you must cancel or reschedule the examination, please call 793-5034 at the earliest possible time. There are often significant delays in rescheduling and if there are any questions regarding the need to cancel due to sickness or other health issues, it is essential that you contact our office or our physician on call (after hours or on weekends).**

You will be contacted by a staff member of Northern G.I. Endoscopy Center prior to your procedure to confirm your appointment and answer any questions that you may have. On the day of your exam, please report directly to Northern G.I. Endoscopy Center, located directly behind our office at 5 Irongate Center in Glens Falls. There are designated parking spaces for Northern G.I. patients along the side of the building, near the Pine Street entrance. Whenever possible, please leave valuables including personal belongings at home. As well, please remove all jewelry, including piercings, and leave at home.

**UPPER GI ENDOSCOPY** is an examination of your esophagus, stomach and first part of your small intestine, using a flexible tube called an endoscope which has a bright light on it. When you arrive at Northern GI Endoscopy, the test will be explained and you will be given an opportunity to ask questions prior to signing an informed consent form. After you change into your gown and robe, the nurse will insert a small intravenous catheter into a vein in your arm and tape it in place to administer medication before and during the test, as needed. You will then lie on the cushioned table on your left side. When you are comfortable, the doctor will put the tip of the small tube in your mouth, toward the back of your tongue, and ask you to swallow. You will be able to breathe normally, and the nurse will suction any extra saliva or mucus from your mouth during the test, if necessary.

You may feel some fullness or perhaps the need to belch. This relates to the insufflation of air necessary for a proper examination. This is normal and most patients are comfortable enough to fall asleep during the examination. The examination usually lasts approximately ten to fifteen minutes.

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When the procedure has been completed, you will be taken to a recovery room where you will rest for a period of time. Then, the intravenous catheter will be removed from your arm and you may use the bathroom and get dressed. The doctor will then explain the results to you and your family. **Patients can expect to be at NGI for 1-1/2 to 2 hours from the time of admission for the procedure to the time of discharge.**

### PLEASE NOTE:

1. **Do not eat or drink anything or take oral medications after midnight the night before your examination, if scheduled for 10 A.M. or earlier. If scheduled after this time, clear liquids and oral medications may be ingested until 3 hours prior to your scheduled procedure time.**
2. **Our office will provide you with specific instructions if you are taking any of the following medications:**
  - **Insulin**
  - **Anticoagulant medications (blood thinners) such as warfarin (Coumadin, Jantoven), Pradaxa (dabigatran), Xarelto (rivaroxaban), Eliquis (apixaban), Savaysa (edoxaban)**
  - **Antiplatelet medications such as Plavix (clopidogrel), Brilinta (ticagrelor), Effient (prasugrel)**
3. **If you are a diabetic and taking oral diabetic agents, please do not take these medications the day of your procedure.**
4. **If you are taking steroid medications (e.g. prednisone, Decadron, Medrol), please discuss this with our office prior to your procedure.**
5. **All other medications may be continued, including aspirin and nonsteroidal anti-inflammatory drugs (NSAIDs e.g. Celebrex, Bextra, Voltaren, Naprosyn, Motrin, Advil, Aleve). If you have any questions regarding your medications, please contact our office.**
6. **Since you will be given intravenous sedation for this examination, you must have a responsible adult drive you home and accompany you into your residence. As well, you must have a responsible adult stay with you for the next 24 hours. You should plan on limiting your activity and resting at home for the remainder of the day. You must not drive a motor vehicle or operate machinery for the next 24 hours. If there is a problem with these arrangements, please inform our office to allow for rescheduling of your procedure. Sedation for your procedure cannot be administered unless these arrangements are completed.**
7. **If your insurance plan requires a referral from your primary care physician, please confirm that our office has received a referral to cover this procedure. If your insurance plan requires pre-authorization for this procedure, please confirm that our office has obtained the pre-authorization.**
8. **The forwarded gold colored Northern GI Endoscopy Center Pre-Admission History form must be Completed prior to presenting for your procedure. Failure to complete this important form may lead to significant delays and/or cancellation of your procedure(s).**
9. **Due to the increasing number of patients with high deductible plans, all deductibles, copays, and coinsurance are due five days prior to your appointment. Payment should be mailed or brought to our office at Five Irongate Center, Glens Falls, New York. If our office does not receive payment within the above timeframe, your procedure will need to be rescheduled.**

# Northern GI Endoscopy Center

## PATIENT PRE-ADMISSION HISTORY

please complete and bring to appt

Patient Name: \_\_\_\_\_

Primary Physician: _____	Ht: _____	Wt: _____	*GRAY AREAS FOR OFFICE USE ONLY
Reason for Visit: _____			

Please list all Allergies (Medications, Food, Latex) and describe reaction : \_\_\_\_\_  
 \_\_\_\_\_

List ALL medications, vitamins, herbal, over the counter, pumps, patches, inhalers, sprays, ointments.

Medication Name	Dose	Frequency (How Often)	Indication (Reason)	MEDICATION LAST DOSE TAKEN	Resume Medication After Discharge		Special Instructions/ Changes
					YES	NO	
					<input type="checkbox"/>	<input type="checkbox"/>	
					<input type="checkbox"/>	<input type="checkbox"/>	
					<input type="checkbox"/>	<input type="checkbox"/>	
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					<input type="checkbox"/>	<input type="checkbox"/>	

Are any of the listed medications  MAOI  Blood thinners  Diabetic Control  NSAID

Medication Verification Source:  Patient  Family  Provided List  History & Physical (PCP)  Other \_\_\_\_\_

You may resume all medications marked "YES" in table above (column labeled: "Resume Medications After Discharge").

If you have any questions, please contact your referring provider/ primary care physician.

\*\* Your GI Doctor is resuming the start of your medication based on the information provided by you, including the name of the medications, dosages and

### New Medications Prescribed Following Your Endoscopic Procedure at Northern GI Endoscopy Center

Medication	Dose/ Route/ Frequency	Next Dose	Indication

Additional Medications administered at Northern GI Endoscopy Center not listed on Endoscopy Report :	Medication	Dose / Route	Indication

The patient may be discharged

PHYSICIAN SIGNATURE \_\_\_\_\_

RN SIGNATURE \_\_\_\_\_

**Please Check Any/All Problems That YOU Have Currently Or Have A PERSONAL History of.**

**Gastrointestinal  No Problems**

Current	History Of	
		Colon Cancer
		Colon Polyps
		Family History Colon Cancer
		Family History Colon Polyps
		Hemorrhoids
		Rectal Bleeding
		Black Stools
		Occult(hidden) Blood Stool
		Ulcerative Colitis
		Crohn's Disease
		Excessive Gas
		Diarrhea
		Constipation
		Irritable Bowel Syndrome
		Diverticulosis/itis
		Hernia: Location: _____
		Ostomy
		Reflux/Heartburn
		Difficulty Swallowing
		Barrett's Esophagus
		Nausea
		Vomiting
		Abdominal Pain
		Hiatal Hernia
		Liver Disease
		Hepatitis
		Yellow Jaundice
		Gallbladder Disease
		Other: _____

**Neurological  No Problems**

Current	History Of	
		Seizures/Epilepsy
		Migraines
		Psychological or Mental Illness
		Chronic Pain
		Numbness
		Weakness Right / Left
		Tremors Right / Left

**Circulatory  No Problems**

Current	History Of	
		Chest Pain
		Low Blood Pressure
		High Blood Pressure
		Mitral Valve Prolapse
		Pacemaker
		Heart Valve Replacement
		Heart Attack
		Heart Murmur
		Stroke (TIA,CVA)
		Irregular Heart Beat
		History Rheumatic Fever
		Prolonged Bleeding from Cut
		Coronary Artery Bypass Surgery
		Coronary Artery Stent Placement
		"Blood Clots" DVT/PE (Deep Vein Thrombosis/Pulmonary Embolus)
		Angioplasty
		Atrial Fibrillation
		Palpitations
		Other: _____

**Respiratory  No Problems**

Current	History Of	
		Cough
		Smoker
		Asthma
		Tuberculosis
		Wheezing
		Shortness of Breath
		Pneumonia
		Emphysema / COPD
		Sleep Apnea
		Have you been tested? <input type="checkbox"/> Yes <input type="checkbox"/> No
		Inhaler (with you <input type="checkbox"/> Yes <input type="checkbox"/> No)
		Skin Test \
		<input type="checkbox"/> Positive <input type="checkbox"/> Negative
		Other: _____

**Metabolic/Endocrine  No Problems**

Current	History Of	
		Diabetes
		__Oral Agent__Insulin
		Low Blood Sugar
		Thyroid Disease
		Other: _____

**Miscellaneous  No Problems**

Current	History Of	
		Arthritis
		Kidney Disease/Renal Failure
		Joint Replacement (hip, knee)
		Radiation Therapy
		Bleeding Problems/Anemia
		Previous Blood Transfusions
		Spinal/Back Problems
		Glaucoma
		Possibly Pregnant
		Last Period Date: _____
		Dislocated Jaw
		Last Prostate Exam: _____
		TMJ
		Cancer of any kind: _____

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**IMPLANTS:** (eye, hip, pacemaker, access devices, pain control devices)

No Yes If yes, describe implant and its location: \_\_\_\_\_

Dentures: No Yes Upper Lower

Glasses: No Yes

Hearing Aid(s): No Yes Left Right

**PSYCHOSOCIAL:**

Are there spiritual, cultural, special practices or needs that we should be aware of during your care?

(ex: meditation, complementary therapies, sleep pattern, dietary) No Yes

If yes, describe: \_\_\_\_\_

Is there any way we can help with these? \_\_\_\_\_

Do you have any concerns related to today's procedure outcome? No Yes

If yes, please describe: \_\_\_\_\_

Do you smoke? No Yes, how much? \_\_\_\_\_

Do you drink alcohol? No Yes, how much? \_\_\_\_\_

Do you use street drugs? No Yes, how much? \_\_\_\_\_

Do you drink coffee? No Yes, how much? \_\_\_\_\_

Have you experienced an unintended weight change of more than 10 pounds in the past six months?

No Yes If yes, how much? \_\_\_\_\_

**ASSESSMENT:**

Have you had recent tests, x-rays, MRI's, CT scans, or other tests related to today's procedure? No Yes

If yes, which tests: \_\_\_\_\_

Where: \_\_\_\_\_ When: \_\_\_\_\_

Have you experienced any problems/complications with prior surgeries, related to **anesthetics** or **conscious sedation**?

No Yes If yes, describe: \_\_\_\_\_

**FUNCTIONAL ASSESSMENT:**

Problems with walking, eating, dressing self, bathing, toileting? No Yes

Have you had any recent/significant change in swallowing? No Yes

Have you had any recent/significant change in caring for yourself or performing your ADL's (ex: dressing yourself, bathing, toileting)? No Yes

Have you lost your ability to walk and/or mobilize yourself? No Yes

**PREVIOUS SURGERIES/ HOSPITALIZATIONS**

Description	Date	Location	Doctor

**DO YOU HAVE ADVANCE DIRECTIVES?** NO [ ] YES [ ] IF YES *PLEASE BRING A COPY WITH YOU TO YOUR EXAM*

Living Will

Health Care Proxy

\_\_\_\_\_  
PATIENT SIGNATURE

\_\_\_\_\_  
RN Signature

\_\_\_\_\_  
MD Signature

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**STATEMENT OF COMPLIANCE**

Since you will be given a sedative for this examination, **YOU MUST HAVE** a responsible adult (18yrs or older) to take you home and accompany you into your residence. As well, you must have a responsible adult (18yrs or older) stay with you for the next 24 hours. You should plan on limiting your activity and resting at home for the remainder of the day. You must not drive a motor vehicle or operate machinery for the next 24 hours. If there is a problem with these arrangements, please inform this office to allow for rescheduling of your procedure. Sedation for your procedure cannot be administered, and the **PROCEDURE MAY BE CANCELLED** unless these arrangements are complete.

\_\_\_\_\_  
**Name of Responsible Adult (at least 18yrs old) driving you home**

\_\_\_\_\_  
**Responsible Adult (at least 18yrs old) staying with you for the next 24 hours:**

**Patient Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Authorization for Follow Up Communication**

I am aware that I will be contacted after my procedure by the Endoscopy Center to follow up on my recovery. Within 3 days after the procedure I would like to be called at this phone # \_\_\_\_\_

**If I am unavailable, I give permission to leave a message**    Yes    No

As part of NGI ongoing effort to assure excellent quality care, I understand I will receive a survey approximately 30 days after the procedure to address my overall satisfaction with the experience and assure no complications have arisen.

**Patient Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

There are multiple charges you will incur when having a procedure performed. The physician performing your procedure will have a charge, the facility where you have your procedure performed will have a facility charge and if you have a biopsy taken or polyp removed there will also be a fee for pathology services. Most patients will undergo conscious sedation which is given by our physicians and included in the physician charge, but if you are scheduled for anesthesiologist assisted sedation, there will also be a charge for the anesthesiologist.

The Physicians of Gastroenterology Associates of Northern New York, P.C. participate with the following insurance plans:

Aetna  
Blue Shield of Northeastern New York  
CDPHP  
Emblem Health (GHI)  
Empire Blue Cross  
Fidelis  
Magnacare (Health Republic)  
Martins Point  
Medicare  
MVP  
New York State Empire Plan  
New York State Medicaid  
Shared Health Network

If your insurance plan is not listed above, please call our billing office at 793-5034 to discuss your insurance coverage and financial responsibility.

You will need to contact the facility where you are scheduled for your procedure to discuss whether they participate with your insurance company. They will also be able to answer questions about the pathology services. If you are scheduled for your procedure at Northern GI Endoscopy our billing office can help answer any insurance questions you may have regarding the facility fees or pathology fees.

Our physicians have privileges and perform procedures at Glens Falls Hospital, Saratoga Surgery Center and Northern GI Endoscopy.